In the Throats of Trees

You are listening to the artist singing/sounding

with recordings of five species of trees

- larch, birch, pine, spruce, maple -

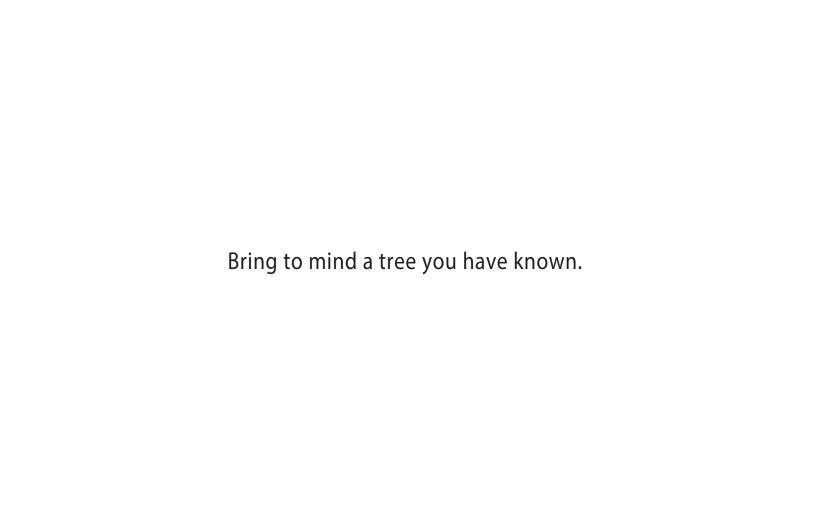
a small forest of sound.

Instructions for listening:

(Please take your time with each instruction

before moving on to the next.)





Imagine what it would be like to be that tree.



Notice your breath moving through you as you listen.

Listen to the air moving through your branches and leaves.

Feel your roots stretching into the soil.

Feel your branches stretching into the sky.

Continue listening (until you are ready to leave).

ohrenhoch der Geräuschladen, September 25 & October 2, 2016